

LEAD WITH YOUR BRAIN: THE CRISIS ATHLETE™ WAY

WWW.CRISISATHLETE.COM

LEADING AND THRIVING THROUGH CRISIS: A BRAIN-BASED PERSPECTIVE

Applying Neuroscience to Crisis Management and Leadership

To understand human behavior, cultivate growth, and get results, at the individual, organizational, and community levels.

To optimize and sustain individual performance for emergency managers and crisis leaders.

To improve organizational performance, culture, and resilience.

Understand your brain. Up your game.

Featured Services

SAMPLE TRAINING TOPICS

Individual & Organizational Resilience;
Positional & Executive Leadership;
Emotional Intelligence; Psychological
Safety; Generational Intelligence; and more

CONSULTING

Individual & Organizational Assessments
Team Building/Alignment
Training and Exercise Support
Change Management

COACHING

Leadership & Executive Coaching
Real-Time Support & Mentoring

Trainings: 2 Hour, Half Day, or Full Day Options
In-person (preferred) or Virtual
All trainings include Informational Presentations and
Interactive Activities



WHAT IS A CRISIS ATHLETE™?

A Crisis Athlete leverages a unique blend of **neuroscience, emotional intelligence, performance coaching, sports and industrial/organizational psychology,** and other disciplines to foster resilience and peak performance.

Ultimately, by harnessing their inner strength and leveraging a diverse toolkit, Crisis Athletes inspire others, lead effectively, and contribute positively to their organizations and communities, becoming beacons of resilience in a fast-paced, demanding world.

COMING SOON:

- Continuing Education Units
- Online self-paced learning