

# MENTAL HEALTH & WELLNESS CAUCUS

Our vision is of a profession that prioritizes mental health and wellness in all aspects of the emergency management and response community.

## ACTIVITY HIGHIGHTS



#### **SUPPORTING NEW LAW**

HR5703:

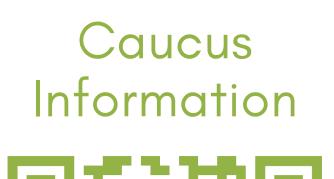
Initiated by a Boston Marathon Bombing Mental Health Victim Survivor, this bill authorizes the provision of professional counseling services to survivors of declared emergencies.

Current law limits such authorization to survivors of major disasters only.

The bill passed unanimously in House and Senate **Committees.** 

#### RESOURCES

Scan the QR codes for more information and resources.





## **POST-DISASTER** MENTAL HEALTH **RESPONSE ACT**

Mental Health Resources



#### **SUPPORTING** NEW IAEM INITIATIVES

#### **#IAEMSTRONGERSTORIES**

This breakout session will be available to anyone who wants to tell a story, and those that just want to listen and offer their support.

Using basic storytelling so members can relay their own personal stories to a support system of people who understand their line of work, their typical responsibilities, and daily stressors.

Finding the courage to speak their story is the first step on the journey towards healing and providing a support system is key to this program's success.

**Breakout Session:** Weds, Nov 16, 1:30pm-2:30pm, Meeting Room 200-201

#### **CAUCUS LEADERSHIP**

**Chair: David Barber**, *CBCI*, *Senior* Emergency Management Specialist, Massachusetts Institute of Technology

Vice Chair: Scott Carpenter, CEM, Program Manager, Emergency Management, Wentworth-Douglass Hospital

IAEM Board Liaison: Cathy Clark, IAEM-USA 1st Vice President

### **PROMOTING WELLNESS BRAIN BREAK ROOM**

A designated place where you can take a break from the commotion, hustle and bustle, or frenzy that can happen at a conference.

If you feel you need a place to relax, unwind, calm down, center yourself, or just go to maybe reflect upon life's aspects, the room is open, please come in.

Yoga mats available in the room.

**Open Fri-Weds, 8am-5pm, Gwinnett Board Room** 

#### **ABOUT US**

#### We are a diverse caucus with members from a wide variety of disciplines within our profession.

Our Mission is to bring mental health and wellness to the forefront of the emergency management and response community; provide a platform where we openly discuss issues; become a critical part of overall emergency management culture; and reduce the stigma surrounding mental health issues that impact individuals, professionals, and organizations.

#### Meet us! Tues, Nov 15, 5pm-5:45pm, Meeting Room 102-103